



May 2023

Programs and Services @ the C5 Community Hub (14017 Victoria Trail NW, Edmonton, AB)

Monday

Employment Services
9AM-4PM

Hot Meal Monday
11AM-12PM

Little Chefs
5PM-7PM
(Registration Only)

Tuesday

Employment Services
9AM-4PM

Stay and Play
9:30AM-1PM

Health for Two
1:30PM-3PM

Empower U
5PM-8PM
(Registration Only)

Grandparent Groups
10AM-11:30AM
*** April 25th

Wednesday

Employment Services
9AM-4PM

Talent Show
5:30PM-7:30PM
*** May 3rd

Soup & Bannock
Schedule

May 5th: N/A
May 12th: YES!
May 19th: N/A
May 26th: YES!

Thursday

Employment Services
9AM-4PM

CIVIDA Housing
9AM-4PM

Men's Gathering
5:30PM-6:30PM

Special Announcements

May 22nd: CLOSED

Hot Meal Monday
CANCELLED on Monday:
May 22nd

Friday

Employment Services
9AM-4PM

Stay and Play
9:30AM-1PM

Soup & Bannock
11:30AM-1PM
*** Every second Friday

Community Kitchen
6PM-8PM
*** April 26th
(Registration Only)

Amazing Elders
1PM-3PM

