



# Collaborating for Change

## Program Guide 2023



# What is the C5?

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**C5 is a collaborative partnership of five leading Edmonton agencies that advocate for systemic change to address complex social issues and provide a wide range of programs and supports in Northeast Edmonton.**



**The C5 Hub is a consolidated location that works as a 'one-stop shop' for social supports in Northeast Edmonton, offering a wide range of programs, and services. Each C5 partner agency has specialized staff working at the C5 Hub to provide on-site supports such as food security, access to affordable housing, social systems navigation, settlement supports, free programming for children, youth, and families, etc.**

**The Hub brings many layers of support into one place so that people do not have to run all over the city telling their stories multiple times to get the help they need. We recognize that while there may be a variety of support available, it can be so complicated to navigate that families in need are often unable to access them. Let us do the work for you!**

# Navigating Social Systems

The current social system can be complicated and confusing to navigate, which means that families are often unable to access available supports. C5 helps community members with everything they need to move forward, all in one place.

## Income Resources

Our team is here to help you with obtaining ID, your Alberta Income Support Application and obtaining Employment Insurance Aid. We also offer a free tax clinic on *Tuesdays*.

## Newcomer Supports

Our team offers general settlement advice and resources, translation supports, access to English Conversation Classes and can help you complete necessary paperwork. Our team speaks over 16 languages!

## Housing Supports

Our team is here to support you to reach your goal of achieving long-term housing with programs such as RentSmart. CIVIDA representatives are also at the Hub every *Thursday* to check the status of your application and answer any questions you may have. Translation services are available.

# Employment Resource Hub

The Employment Resource Hub at the C5 Hub helps individuals every step of the way when it comes to finding and securing employment. Our specialized team provides support to all individuals including newcomers, immigrants and refugees; with job readiness and the job application process.

## Services

Some of our services include: resume writing, and safety training through safety tickets (CSTS 2022 & WHMIS 2015). Our team also helps with career assessment, career counselling, job search support and interview support.

*While community members are on-site, our staff are able to support them to access other resources through the C5 agencies and other partners to provide full wrap around supports.*

# Clareview Recreation Centre

Come check out the C5 space located at the Clareview Recreation Centre (entrance 3), located just minutes from the C5 Hub. Our team provides a wide variety of programs for all ages. This space acts as a satellite site of the C5 Hub.

## Programs

Our team at the Clareview Recreation Centre offers programming for all ages (birth-adult). These programs include: parent/early childhood development programs and after-school programs that keep youth busy after school, during summer and winter breaks. There are snacks provided during the programs, and bus tickets as available.



# Clareview Recreation Centre

## Leisure Centre Access

Our team is committed to ensuring equitable access to City of Edmonton amenities. Our team helps individuals to gain access to leisure passes, complete necessary paperwork and connects individuals to the right resources and supports.



## Skillcity Institute STEMCEL

Our partner, the Skillcity Institute's STEM Career and Exploration Lab is located within the C5 space at Clareview Recreation Centre. Youth can learn coding, robotics, how to use a 3D printer, and more at the only free STEM lab in all of Edmonton.

# Early Childhood Development

Healthy early childhood brain development is crucial for children to grow into healthy, resilient adults. The C5 team supports parents by providing parent child and parent education groups, resources and referrals to strengthen parent child interactions while supporting optimal early childhood development.

Our programs ensure that parents have the tools they need to build positive relationships with their children, learn about their child's development and support their child's growth and learning, all while building community with other parents. Programs provide healthy snacks, bus tickets, and child minding and are available at the C5 Hub and Clareview Recreation Centre.

## Home Visitation

Home Visitation is a voluntary program offered to families with young children, birth to 6 years old from the comfort of their homes. Family support workers help families to work through parenting challenges, set goals, and help solve problems around basic needs such as food security, clothing, and safe and affordable housing while also supporting their child's ongoing development.

# Community Market

The C5 Community Market aims to address food security by supporting our community members to shop for food with dignity, and feed their families based on their own cultural preferences and values, for free.

## Food Program

At the market our families struggling with food security can shop for produce, non perishables and essentials at no cost, by appointment, twice per month. We also provide emergency hampers to those most in need, when our community members are unable to travel.

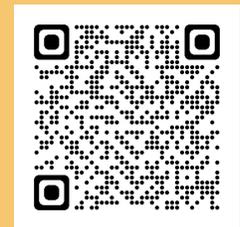


## Comprehensive Supports

While community members are shopping, our staff are able to support them to access other resources through the C5 agencies and other partners to provide full wrap around supports.



To Donate



To Schedule an Intake Interview



# Community Member Support

Our team understands the value of having a tight-knit community, especially if you are new to Canada, or far away from family. Our team aims to create connections and provide everything necessary for our community members to feel supported and secure in the community.

## Community Kitchen

Our team offers a wide range of free programs out of our Community Kitchen such as Hot Meal Mondays, Soup and Bannock, Food Works, Bagged Lunches (when available) and more. The Community Kitchen is available to rent, for free, should you wish to run a program yourself that benefits the community.



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## Community Member Drop-in

Our team acknowledges that it can be hard to connect with your fellow community members so we offer the C5 Hub as an open, welcoming environment for all with access to computers, coffee (snacks when available) and drop-in programs that provide community members the opportunity to connect and expand their support system.

# C5 Agencies' Missions

## **Bent Arrow Traditional Healing Society**

*"The Society is committed to building upon the strengths of Aboriginal children, youth and families to enable them to grow spiritually, emotionally, physically and mentally so that they can walk proudly in both Aboriginal and non-Aboriginal communities."*



## **Boyle Street Community Services**

*"The mission of Boyle Street Community Services is to end chronic homelessness."*



## **Edmonton Mennonite Centre for Newcomers**

*"We see a future where many citizens walk with newcomers to bridge their transition into the community."*



## **Norwood Child and Family Resource Centre**

*"Norwood builds on the strengths of children and families through support and education to optimize child development and connect families to community."*



## **Terra Centre for Teen Parents**

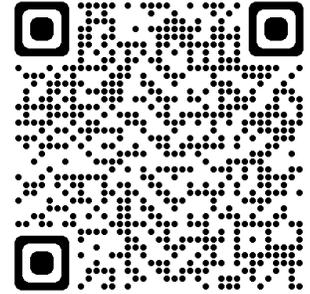
*"Empowering teen parents to succeed."*





**Collaborating  
for Change**

**C5 Website**



## Contact

### C5 Hub

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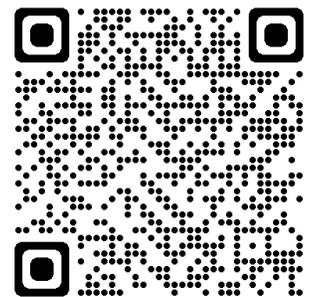
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### Community Market

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**For detailed  
and current  
information on  
specific programs  
and services**



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