

June Youth & Family Program

Family Resource Network Programs at Clareview Recreation Centre (3804 139 Ave)

MONDAY

Family Time Drop-In
C5 ECD Space
1:30 pm-5:00 pm
Ages 0-5
Not Facilitated

Parent and Tot Swim
10:00 am-2:00 pm
Ages 0-5
Please Register at C5 FRN

Brave Space
C5 Youth space
3:30 pm-5:00 pm
Ages 8+

Sports Explorer
Gym 2B-YASP
3:00 pm-5:45 pm
Ages 12+

I Rock STEM
SkillCity
MP2-YASP
3:30 pm-5:30 pm
Ages 8-13

TUESDAY

Family Time Drop-In
C5 ECD Space
1:00 pm-4:45 pm
Ages 0-5
Not Facilitated

Tutoring Program
Meeting Room B-YASP
4:00 pm-5:45 pm
Ages 8+

Get Coached
MP2-YASP
4:00 pm-6:00 pm
Ages 12- 24

Sports Explore
Open Sports
Gym 2A-YASP
3:30 pm-5:30 pm
Ages 12+

Power In you- Empowerment
Program
May 6th- 6:15pm-7:45pm
MP1

Jr Chef
Rec Kitchen
4:00 pm-6:00 pm
Ages 8-14 yrs

WEDNESDAY

C5 Jumping Gym
Indoor Playground
9:30 am-12:30 pm
Ages 0-5

Parent and Tot Swim
10:00 am-2:00 pm
Ages 0-5
Please Register at C5 FRN

Sports Explore
Open Sports
Gym 2-YASP
3:30 pm-5:30 pm
Ages 12+

Seniors Coffee
C5 Meeting Room B
10:00 am-12:00 pm

Chess 101
Inside C5 Space-YASP
3:00 pm-5:00 pm
Ages 12+

I Rock STEM
SkillCity
MP2-YASP
3:30 pm-5:30 pm
Ages 8-13

THURSDAY

Youth Zone
MP4-YASP
12:30 pm-5:30 pm
Ages 8+

Family Night
MP1- YASP
Every 2nd Thursday
June 12th,26th
4:00pm-5:30pm
All Ages Welcome

STEM Hero's
Skill City
MP2-YASP
3:30 pm-5:30 pm
Ages 8-13

C5 Pod Cast
Registered Program
4:00 pm-5:00 pm
C5 space

FRIDAY

Family Time Drop-In
C5 ECD Space
1:30 pm-5:00 pm
Ages 0-5
Not Facilitated

Parent and Tot Swim
10:00 am-2:00 pm
Ages 0-5
Please Register at C5 FRN

Indigenous Creative Corner
MP1-YASP
3:30-4:45 pm

Sports Explorer
Open Sports
Gym 2A-YASP
3:00 pm-5:45 pm
Ages 12+

Clareview Youth Night
JD Broco School
5:00 pm-7:00 pm

C5 Pod Cast
Registered Program
4:00 pm-5:00 pm
C5 space

Office Hours:

Monday - Friday 9:00 am- 4:00pm

*After 4 Staff will be in programs

Shower Program Monday-Friday
9:00 am-11:00 am

Important Dates:

EPSB PD Day- June 9th

C5 FRN Closed June 18th- Cultural Camp

June 21st- National Indigenous Peoples Day

Last day of YASP Programs

-JUNE 25TH/26TH

Womens Wellness Fair-

June 26th 9:00am-5:00pm

Handle With Care (Norwood) - Meeting Room B

May 27th- June 24th- 10:00 am- 12:00pm

STAGE Field Trip- July 5th

Summer Program Registration Begins JUNE 16th



SCAN

TALK TO US

C5 FRN Space 3804- 139 Ave Entrance 3

587-336-1726

www.C5yeg.ca

jasmine.blake-hayes@c5edmonton.ca



PLEASE BE AWARE THAT ALL PROGRAMS AND EVENTS ARE SUBJECT TO CHANGE

June 2025-Programs and Services @ the C5 North East Community Hub

(14017 Victoria Trail NW, Edmonton, AB)

Monday

Employment Services
9AM-4PM

Drop In Resources and
Supports- C5 Hub

Tuesday

Employment Services
9AM-4PM

Drop In Resources and
Supports- C5 Hub

Health for Two
ECD Space
1:30PM-3PM

Seniors Coffee
First Tuesday of every
month-

Wednesday

Employment Services
9AM-4PM

Drop In Resources and
Supports- C5 Hub

C5/Family Center
Mental Health
Counselling
By appointment Only

Empower U- Norwood
April 10th- June 26th
2:00-4:00
Registered

Thursday

Employment Services
9AM-4PM

Drop In Resources and
Supports- C5 Hub

CIVIDA Housing
Every 2nd Thursday
9AM-4PM

C5/Family Center
Mental Health
Counselling
Walk In

Friday

Employment Services
9AM-4PM

Drop In Resources and
Supports- C5 Hub

Norwood Stay and Play
ECD Space
10AM-12PM

Soup & Bannock
11:30AM-1PM
Every second Friday

SAGE Amazing Elders
1 pm- 3pm

Ongoing & New Program

Seniors Drop In
June 3rd - 10 am-12 pm

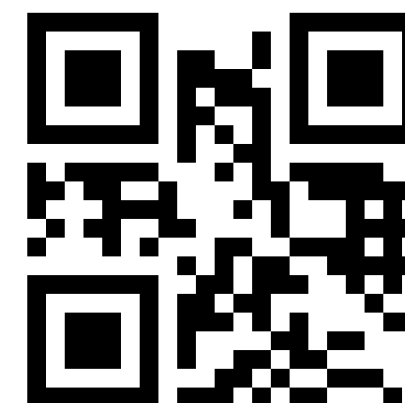
**Post Partum Support
Group- Parents with
Children Ages 0-3**
Date June 25th

Civida Dates

June 12th
June 26th

Soup & Bannock Schedule

June 13th
June 27th



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TALK TO US

C5 Hub-14017 Victoria Trail
780-456-1484 ext. 2

www.c5yeg.ca

email:

mai.jawuich@c5edmonton.ca

June 2025

Programs and Services @ the C5 Employment Hub (14017 Victoria Trail NW, Edmonton, AB)

Monday

Foundations of Job Search
10AM-12PM

Canadian Workplace Culture and Inter-Cultural Awareness
1PM-3PM

Tuesday

The Labour Market and Networking
10AM-12PM

Practical Time Management
1PM-2PM

Practical Time Management
2PM-3PM

Wednesday

Effective Resume Writing
10AM-12PM

Effective Cover Letters and Emails
1PM-3PM

Thursday

Interview Strategies: The Process
10AM-12PM

Interview Strategies: Q&A
1PM-3PM

Friday

Practical Conflict Management
1PM-2PM

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- Foundations of Job Search (2hrs.)
- The Labour Market and Networking (2hrs.)
- Effective Resume Writing (2hrs.)
- Effective Cover Letters and Emails (2hrs.)
- Interview Strategies: The Process (2hrs.)
- Interview Strategies: Questions and Answers (2hrs.)

- Canadian Workplace Culture (1hr.) and Inter-Cultural Awareness (1hr.)
- Practical Personal Safety (1hr.)
- Practical Time Management (1hr.)
- Practical Conflict Management (1hr.)
- What to do now? After COVID-19? (Management of Change) (1hr.)

Please Note all Trainings are completed on site- Online