

November 2025-Programs and Services @ the C5 North East Community Hub

(14017 Victoria Trail NW, Edmonton, AB)

MONDAY

Employment Services
9AM-4PM

Drop In Resources and
Supports- C5 Hub

Ongoing & New Program

Monday November 10th
Prevent Falls Work shop
11:00 am-1:00 pm
14017 Victoria Trail

Reminder

We are **CLOSED**
November 11th-
Remembrance Day

TUESDAY

Employment Services
9AM-4PM

Drop In Resources and
Supports- C5 Hub

Health for Two
ECD Space
1:30PM-3PM

Seniors Coffee
First Tuesday of every
month-

Civida Dates

November 13th
November 27th

WEDNESDAY

Employment Services
9AM-4PM

Drop In Resources and
Supports- C5 Hub

Empower U- Norwood
April 10th- June 26th
2:00-4:00
Registered

Soup & Bannock Schedule

November 7th
November 21st

THURSDAY

Employment Services
9AM-4PM

Drop In Resources and
Supports- C5 Hub

CIVIDA Housing
Every 2nd Thursday
9AM-4PM

TALK TO US

C5 Hub-14017 Victoria Trail
780-456-1484 ext. 2
email:
mai.jawuich@c5edmonton.ca

GO TO WWW.C5YEG.CA

FRIDAY

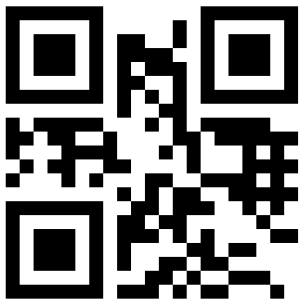
Employment Services
9AM-4PM

Drop In Resources and
Supports- C5 Hub

Norwood Stay and
Play
ECD Space
10AM-12PM

Soup & Bannock
11:30AM-1PM
Every second Friday

SAGE Amazing
Elders
1 pm- 3pm



Scan me

November 2025 Programs and Services @ the C5 Employment Hub

(14017 Victoria Trail NW Edmonton, AB)

Monday

Foundations of Job
Search
10AM-12PM

Canadian Workplace
Culture and Inter-
Cultural Awareness
1PM-3PM

Tuesday

The Labour Market
and Networking
10AM-12PM

Practical Time
Management
1PM-2PM

Practical Time
Management
2PM-3PM

Wednesday

Effective Resume
Writing
10AM-12PM

Effective Cover
Letters and Emails
1PM-3PM

Thursday

Interview Strategies:
The Process
10AM-12PM

Interview Strategies:
Q&A
1PM-3PM

Friday

Practical Conflict
Management
1PM-2PM

Scan me



GO TO WWW.C5YEG.CA

ESSENTIAL WORKSHOPS (EMPLOYMENT SKILLS)

- Foundations of Job Search (2hrs.)
- The Labour Market and Networking (2hrs.)
- Effective Resume Writing (2hrs.)
- Effective Cover Letters and Emails (2hrs.)
- Interview Strategies: The Process (2hrs.)
- Interview Strategies: Questions and Answers (2hrs.)

ELECTIVE WORKSHOPS (LIFE SKILLS)

- Canadian Workplace Culture (1hr.) and Inter-Cultural Awareness (1hr.)
- Practical Personal Safety (1hr.)
- Practical Time Management (1hr.)
- Practical Conflict Management (1hr.)
- What to do now? After COVID-19? (Management of Change) (1hr.)

Please Note all Trainings are completed on site- Online