

April 2026 Family Resource Network

Clareview Recreation Centre (3804 139 Ave) - Entrance 3

MONDAY

Family Time Drop-In
C5 ECD Space
Ages 0-6
9:00 am-12:00 pm

Parent and Tot Swim
Children ages 0-6
Must attend with 18+
10:00 am-2:00 pm

YASP iRockSTEM
MP2 Ages 8+
3:30 pm- 5:30 pm

YASP Brave Space
C5 Youth Room
Ages 11+
3:30 pm-5:30 pm

Youth Employment
Gunda Murray/ Online
By Appointment 16+
3:30 pm-5:00 pm

YASP- C5 Sports
Performance Program-
CO ED-MP4
4:00 pm-5:45 pm

TUESDAY

Family Time Drop-In
C5 ECD Space
9:00 am-3:30 pm
Ages 0-6

YASP Tutoring
C5 Meeting Rm B
Ages 8+
4:00 pm-5:45 pm

C5/Men's Shed
Ages 18-24
Meeting Rm B
10:00 am -1:00 pm

Health for Two
1:00 pm-3:30 pm
FRN Space

YASP Get Coached
MP2 Ages 8+
4:00 pm-6:30 pm

YASP Sports Explorer
Gym 2A
Ages 8+
3:00 pm-6:00 pm

Power In you- For Girls
MP1

WEDNESDAY

C5 Jumping Gym
Indoor Playground
9:30 am-12:30 pm
Ages 0-6

Free Mental Health
Counselling
Wednesday Drop In
9:00 am-4:00 pm

Senior Coffee
Youth Room
10:00 am-12:30 pm

Parent and Tot Swim
10:00 am-2:00 pm
Children ages 0-6
Must attend with 18+

YASP SciEATS
Rec Kitchen
Ages 8+
3:30 pm-5:30 pm

YASP C5 Kick Co-Ed
MP1
Ages 11+
3:45 pm- 4:45pm

THURSDAY

Family Time Drop-In
C5 ECD Space
9:00 am-12:00 pm
Ages 0-6

Free Mental Health
Counselling
Appointment ONLY
9:00 am-4:00 pm

YASP Youth Zone
Drop In Ages 11+
MP4 space
12:30 pm-4:00 pm

YASP STEM HEROES+
MP2 Ages 12+
3:30 pm-5:30 pm

YASP Indigenous
Creative Corner
Meeting Room B
4:00 pm-5:00 pm

Clareview Youth
Pod Cast
Registered
Co-Ed Ages 14+
4:00 pm- 6:00 pm

FRIDAY

Family Time Drop-In
C5 ECD Space
9:00 am-11:00 am
Ages 0-6

Parent and Tot Swim
10:00 am-2:00 pm
Children ages 0-6
Must attend with 18+

YASP Sports Explorer
Gym 2A Ages 11+
3:30 pm-5:30 pm

YASP
Community Connections
(Family Night)
MP2 All Ages
4:00 PM-6:00 PM

Clareview Youth
Pod Cast
Registered
Co-Ed Ages 14+
4:00 pm-6:00 pm

Office Hours:

Mondays- Friday:
9:00 am-4:00 pm

Closed - April 3rd, 6th and 10th

Norwood Presents-
Building Financial Futures-
1:1 Financial
Coaching and Counselling
Every Thursday-
1:30 pm-4:30 pm
TO Register Scan Here



Visit our Website for more
Information
WWW.C5YEG.CA

