

May Youth & Family Program

Family Resource Network Programs at Clareview Recreation Centre (3804 139 Ave)

MONDAY

Family Time Drop-In
C5 ECD Space
1:30 pm-5:00 pm
Ages 0-5
Not Facilitated

Parent and Tot Swim
10:00 am-2:00 pm
Ages 0-5
Please Register at C5 FRN

Brave Space
C5 Youth space
3:30 pm-5:00 pm
Ages 8+

Sports Explorer
Gym 2B-YASP
3:00 pm-5:45 pm
Ages 12+

I Rock STEM
SkillCity
MP2-YASP
3:30 pm-5:30 pm
Ages 8-13

TUESDAY

Family Time Drop-In
C5 ECD Space
1:00 pm-4:45 pm
Ages 0-5
Not Facilitated

Tutoring Program
Meeting Room B-YASP
4:00 pm-5:45 pm
Ages 8+

Get Coached
MP2-YASP
4:00 pm-6:00 pm
Ages 12- 24

Sports Explore
Open Sports
Gym 2A-YASP
3:30 pm-5:30 pm
Ages 12+

Power In you- Empowerment
Program
May 6th- 6:15pm-7:45pm
MP1

WEDNESDAY

C5 Jumping Gym
Indoor Playground
9:30 am-12:30 pm
Ages 0-5

Parent and Tot Swim
10:00 am-2:00 pm
Ages 0-5
Please Register at C5 FRN

Sports Explore
Open Sports
Gym 2-YASP
3:30 pm-5:30 pm
Ages 12+

Seniors Coffee
C5 Meeting Room B
10:00 am-12:00 pm

Chess 101
Inside C5 Space-YASP
3:00 pm-5:00 pm
Ages 12+

I Rock STEM
SkillCity
MP2-YASP
3:30 pm-5:30 pm
Ages 8-13

THURSDAY

Youth Zone
MP4-YASP
12:30 pm-5:30 pm
Ages 8+

Family Night
MP1- YASP
Every 2nd Thursday starting
May 1st
4:00pm-5:30pm
All Ages Welcome

STEM Hero's
Skill City
MP2-YASP
3:30 pm-5:30 pm
Ages 8-13

C5 PodCast
Registered Program
4:00 pm-5:00 pm
C5 space

FRIDAY

Family Time Drop-In
C5 ECD Space
1:30 pm-5:00 pm
Ages 0-5
Not Facilitated

Parent and Tot Swim
10:00 am-2:00 pm
Ages 0-5
Please Register at C5 FRN

Indigenous Creative Corner
MP1-YASP
3:30-4:45 pm

Sports Explorer
Open Sports
Gym 2A-YASP
3:00 pm-5:45 pm
Ages 12+

Clareview Youth Night
JD Broco School
5:00 pm-7:00 pm

C5 PodCast
Registered Program
4:00 pm-5:00 pm
C5 space

Office Hours:

Monday - Friday 9:00 am- 4:00pm
*After 4 Staff will be in programs

Shower Program Mond-Friday 9:00 am-
11:00 am

Important Dates:

May 2nd- Posters with a Purpose MMIW
Work Shop - Drop In all Day

May 5th- CLOSED For MMIW walk

May 8th June 19th- Power In you
Program 6 weeks- MP1

May 11th- Mothers Day High Tea at the
Hub 12-2 pm May 14th Post Partum
Therapy Group- 2:00 pm- 4:00pm @ the
C5 Hub

Handle With Care (Norwood) May 27th-
June 24th- 10:00 am- 12:00pm



SCAN

TALK TO US

C5 FRN Space 3804- 139 Ave Entrance 3
587-336-1726
www.C5yeg.ca
jasmine.blake-hayes@c5edmonton.ca



PLEASE BE AWARE THAT ALL PROGRAMS AND EVENTS ARE SUBJECT TO CHANGE