



# September Youth & Family Program

Family Resource Network Programs at Clareview Recreation Centre (3804 139 Ave)



## MONDAY

Family Time Drop-In  
C5 ECD Space  
1:30 pm-5:00 pm  
Ages 0-5  
*\*Not Facilitated\**

Brave Space  
C5 Youth space  
3:30 pm-5:00 pm

Tutoring Program  
Meeting Room B  
4:00 pm-5:45 pm

Sports Explore  
Gym 2A  
3:00 pm-5:45 pm

I Rock STEM  
SkillCity  
MP2  
3:30 pm-5:30 pm

## TUESDAY

Family Time Drop-In  
C5 ECD Space  
1:00 pm-4:45 pm  
Ages 0-5  
*\*Not Facilitated\**

Chess 101  
MP1  
3:00 pm-5:00 pm

Get Coached  
MP2  
4:00 pm-6:00 pm  
Ages 12- 24

Sports Explore  
Open Sports  
Gym 2A  
3:30 pm-5:30 pm

Jr Chef  
Rec Kitchen  
4:00 pm-6:00 pm  
Ages 8-16

## WEDNESDAY

C5 Jumping Gym  
Indoor Playground  
9:30 am-12:30 pm  
Ages 0-5

MOMS R US  
C5 Meeting Room  
1:00 pm-2:00 pm

Sports Explore  
Open Sports  
Gym 2  
3:30 pm-5:30 pm

I Rock STEM  
SkillCity  
MP2  
3:30 pm-5:30 pm

## THURSDAY

Family Time Drop-In  
C5 ECD Space  
1:00 pm-4:45 pm  
Ages 0-5  
*\*Not Facilitated\**

Youth Zone  
MP4  
12:30-5:30 pm

Family Night  
MP1  
4:00 pm-5:45 pm  
*\*All ages*

STEM Hero's  
SkillCity  
MP2  
3:30 pm-5:30 pm

## FRIDAY

Family Time Drop-In  
C5 ECD Space  
1:30pm-5:00pm  
Ages 0-5  
*\*Not Facilitated\**

Indigenous Creative Corner  
MP1  
3:30-5:45pm

Staying Home Alone  
Education Program  
MP3  
**Registration Opens September 23rd**

Sports Explorer  
Open Sports  
Gym 2A  
3:00 pm-5:45 pm

Let's Get Physical  
Youth Fitness Program  
MP2  
3:45pm-5:45 pm

**Office Hours:**  
Monday- Friday:  
9:00 am- 5:00 pm

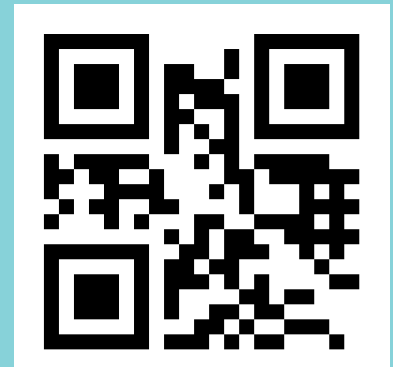
Office Closed;  
September 2nd- Labor Day  
September 30th- Truth and  
Reconciliation Day (*\*Don't  
forget to wear your Orange  
Shirts*)

**Important Dates:**  
Youth After School Program  
begins September 9th

NOTE: Youth must participate  
in the Youth After School  
Program to receive a wristband.

**Aquatic Centre shutdown from  
Sept 3-Oct 25.**

*Scan me*



**For more information and to register for all programs**

**Visit: [www.c5yeg.ca](http://www.c5yeg.ca)**

**PLEASE BE AWARE THAT ALL PROGRAMS AND EVENTS ARE SUBJECT TO CHANGE**