

# December Family Resource Network

Clareview Recreation Centre (3804 139 Ave)

## MONDAY

Family Time Drop-In  
C5 ECD Space  
9:00 am-12:00 pm  
Ages 0-5  
\*Not Facilitated\*

Parent and Tot Swim  
10:00 am-2:00 pm  
Children ages 0-6  
Must attend with 18+

YASP iRockSTEM  
MP2  
3:30 pm- 5:30 pm

YASP Brave Space  
C5 Youth Room  
3:30 pm-5:30 pm

Youth Employment  
3:30pm-5:00pm  
Gunda Murray

YASP- C5 Sports  
Performance Program-  
CO ED-MP4  
4:00 pm-5:45 pm

## TUESDAY

Family Time Drop-In  
C5 ECD Space  
9:00 am-3:30 pm  
Ages 0-5  
\*Not Facilitated\*

YASP Tutoring  
C5 Meeting Rm B  
4:00 pm-5:45 pm

C5/Men's Shed  
10:00 am -1:00 pm  
Meeting Rm B

YASP Get Coached  
MP2  
4:00 pm-6:30 pm

YASP Sports Explorer  
Gym 2A  
3:00 pm-6:00 pm

## WEDNESDAY

C5 Jumping Gym  
Indoor Playground  
9:30 am-12:30 am  
Ages 0-6

Free Mental Health  
Counselling  
Wednesday Drop In  
9:00 am-4:00 pm

Senior Coffee  
Meeting Room B  
10:00am-12:30pm

Parent and Tot Swim  
10:00 am-2:00 pm  
Children ages 0-6  
Must attend with 18+

Parents R Us / Little  
Learners w/ Mrs Jasmine  
2:00 pm- 3:00 Pm  
C5 FRN Space

YASP iRockSTEM  
MP2  
3:30 pm- 5:30 pm

YASP Sports Explorer  
Gym 2A  
3:00 pm-6:00 pm

YASP Chess 101  
C5 Meeting Rm B  
4:00 pm- 5:00 pm

## THURSDAY

Family Time Drop-In  
C5 ECD Space  
9:00 am-12:00 pm  
Ages 0-5  
\*Not Facilitated\*

Free Mental Health  
Counselling  
**Appointment ONLY**  
9:00 am-4:00 pm

Youth Zone  
Drop In  
12:30PM-4:00PM  
MP4 space

YASP STEM HEROES+  
MP2  
3:30 PM-5:30 PM

Indigenous  
Creative Corner  
Meeting Room B  
4:00 pm-5:00 pm

## FRIDAY

Family Time Drop-In  
C5 ECD Space  
9:00 am-11:00 am  
Ages 0-5  
\*Not Facilitated\*

Parent and Tot Swim  
10:00 am-2:00 pm  
Children ages 0-6  
Must attend with 18+

Sports Explorer  
Gym 2A  
3:30 pm-5:30 pm  
Ages 8+

Office Hours:  
Mondays- Friday:  
9:00 am-4:00 pm

### Important Dates:

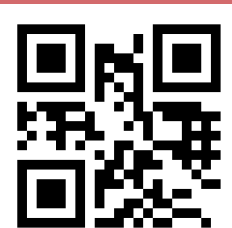
December 2<sup>nd</sup>- Open at Noon-  
FRN Staff Meeting

December 22- January 5<sup>th</sup>  
Closed for Christmas Holiday

December 19th  
C5 Community  
Christmas Party  
12:30 pm- 4:00 pm  
14017 Victoria Trail

Registration Opens  
for Gift  
December 4th

Scan me



For More Information about  
Resources and Supports visit  
[www.c5yeg.ca](http://www.c5yeg.ca)

