

# June 2026 Family Resource Network

Clareview Recreation Centre (3804 139 Ave) - Entrance 3

Office Hours:  
Mondays- Friday:  
9:00 am-4:00 pm  
Saturday- 10:00 am- 4:00pm

## Important Dates

**Saturdays 1:30 pm- 3:30 pm**  
Norwood Financial Workshop Ages 15 +  
**June 3<sup>rd</sup>**- Seniors Field Trip- Mueseum  
**June 17<sup>th</sup>**- Seniors BBQ  
( Hermitage)  
**June 21** - National Indigenous Peoples Day  
**June 24<sup>th</sup>**- Last Day Of School  
**June 29<sup>th</sup>- July 11<sup>th</sup>**- C5 FRN Swim Lessons ( registration Only)  
**July 7<sup>th</sup>**- Summer's Back BBQ

## Soccer Summer Camp Registration



3 vs 3 Basketball  
Registration Tournament



SCAN ME



## MONDAY

Family Time Drop-In  
C5 ECD Space  
Ages 0-6  
9:30am-12:00 pm

Parent and Tot Swim  
Children ages 0-6  
Must attend with 18+  
10:00 am-2:00 pm

YASP Brave Space  
C5 Youth Room  
Ages 11+  
3:30 pm-5:30 pm

YASP- C5 Sports  
Performance Program-  
CO ED-MP4  
4:00 pm-5:45 pm

Visit our Website for more  
Information  
WWW.C5YEG.CA



## TUESDAY

Family Time Drop-In  
C5 ECD Space  
Ages 0-6  
9:00 am- 12:00 pm

YASP Tutoring  
C5 Meeting Rm B  
Ages 8+  
4:00 pm-5:00 pm

C5/Men's Shed  
Ages 18-24  
Meeting Rm B  
10:00 am -1:00 pm

Health for Two  
1:00 pm-3:30 pm  
FRN Space

YASP Get Coached  
MP2 Ages 8+  
4:00 pm-6:30 pm

YASP Sports Explorer  
Gym 2A Ages 11+  
3:30 pm-5:30 pm

Power In you- For Girls  
MP1 - Drop In  
Ages 12+  
6:15 pm -7:40 pm

## WEDNESDAY

C5 Jumping Gym  
Indoor Playground  
9:30 am-12:30 pm  
Ages 0-6

Free Mental Health  
Counselling  
Wednesday Drop In  
9:00 am-4:00 pm

Senior Coffee  
Youth Room  
10:00 am-12:30 pm

Parent and Tot Swim  
10:00 am-2:00 pm  
Children ages 0-6  
Must attend with 18+

Stem Heros+  
3:30pm-5:30pm  
Mix of Sites  
ages 12+

Closed June 24<sup>th</sup>- Cultural Camp

## THURSDAY

Family Time Drop-In  
C5 ECD Space  
9:00 am-2:00 pm  
Ages 0-6

Free Mental Health  
Counselling  
Appointment ONLY  
9:00 am-4:00 pm

YASP Youth Zone  
Drop In Ages 11+  
MP4 space  
12:30 pm-4:00 pm

YASP Indigenous  
Creative Corner  
Meeting Room B  
4:00 pm-5:00 pm

Clareview Youth  
Pod Cast  
Registered  
Co-Ed Ages 14+  
4:00 pm- 6:00 pm

## FRIDAY

Family Time Drop-In  
C5 ECD Space  
9:00 am-3:30pm  
Ages 0-6

Parent and Tot Swim  
10:00 am-2:00 pm  
Children ages 0-6  
Must attend with 18+

YASP Sports Explorer  
Gym 2A Ages 11+  
3:30 pm-5:30 pm

YASP  
Community Connections  
( Family Night)  
MP2 All Ages  
4:00 PM-6:00 PM

Clareview Youth  
Pod Cast  
Registered  
Co-Ed Ages 14+  
4:00 pm-6:00 pm

PLEASE BE AWARE THAT ALL PROGRAMS AND EVENTS ARE SUBJECT TO CHANGE

# May/June Building Financial Futures with Norwood

3804 139 ave- Entrance 3- C5 FRN space

Norwood Presents:

1:1 Financial Coaching and Counselling  
Every Wednesday  
Drop-In Available

Norwood Presents:

Understanding Finances Workshop  
Saturdays  
Starting May 23rd – June 13th  
1:30 PM – 3:30 PM



**Norwood**  
Child and Family Resource Centre  
Building Financial Futures

**C5 Collaborating for Change**

**1:1 FINANCIAL COACHING & COUNSELLING AND ACCESS TO BENEFITS**

📅 Wednesdays ⌚ 9:30am- 12:30pm 📍 Clareview Community Recreation Centre  
3804 139 Ave NW, Edmonton

One-to-one **financial coaching** supports **long-term goals** helping to build confidence with trusted information and personalized guidance.

**Financial counselling** supports individuals facing **urgent** financial issues and need help right away.

**Access to Benefits** provides hands-on support to help you understand what benefits exist, how to apply, and how to get the most from federal, provincial, and local programs.

**TO REGISTER:**



Funded in part by the Government of Canada's Social Development Partnerships Program



In partnership with Prosper Canada and funded in part by the Government of Canada's Social Development and Partnerships Program



**Norwood**  
Child and Family Resource Centre  
Building Financial Futures

**C5 Collaborating for Change**

**BUILDING FINANCIAL FUTURES**  
Financial Workshop  
**UNDERSTANDING YOUR FINANCES**

🕒 1:30pm to 3:30pm 📅 Saturdays May 23<sup>rd</sup> to June 13<sup>th</sup>

📍 Clareview Recreation Centre  
3804 139 Ave NW, Edmonton

Open to youth ages 15+

**WHAT YOU WILL LEARN:**

- ✔ How to make choices about money
- ✔ Understanding income and banking basics
- ✔ What is credit and how to use it
- ✔ Why taxes are important

**REGISTER NOW**



Funded in part by the Government of Canada's Social Development Partnerships Program



Closed – May 18<sup>th</sup> Victoria Day

Visit our Website for more Information  
[WWW.C5YEG.CA](http://WWW.C5YEG.CA)



# May/June Building Financial Futures with Norwood

13530 97st- C5 Hub Northgate Community Market



**Norwood**  
Child and Family Resource Centre  
Building Financial Futures

**C5** Collaborating  
for Change

**1:1 FINANCIAL  
COACHING & COUNSELLING  
AND  
ACCESS TO BENEFITS**

🕒 9:00am-12:30pm 📅 May 6th, 20th & 27th  
June 3rd, 17th & 24th  
📍 C5 Northgate Hub  
13530 97 Street NW

One-to-one **financial coaching** supports **long-term goals** helping to build confidence with trusted information and personalized guidance.

**Financial counselling** supports individuals facing **urgent** financial issues and need help right away.

**Access to Benefits** provides hands-on support to help you understand what benefits exist, how to apply, and how to get the most from federal, provincial, and local programs.

**TO REGISTER:**

[mai.jawuich@c5edmonton.ca](mailto:mai.jawuich@c5edmonton.ca)

 Prosper Canada Funded in part by the Government of Canada's Social Development Partnerships Program 

In partnership with Prosper Canada and funded in part by the Government of Canada's Social Development and Partnerships Program

Norwood Presents–  
1:1 Financial Coaching  
and Counselling  
Every Thursday–  
9:00 am – 12: 30 pm  
June 3, 17<sup>th</sup>

24<sup>th</sup> we are Closed for  
Cultural Camp



Visit our Website for more  
Information  
[WWW.C5YEG.CA](http://WWW.C5YEG.CA)



**Closed –June 24<sup>th</sup>– Cultural Camp**

# Skill City Program Guide

3804-139 ave Entrance 3- C5 FRN Space

**STEM HEROES+**

**FREE**

Clareview Rec Centre  
Wednesdays  
3:30 PM - 5:30 PM  
Ages 12 - 18  
STEM Lab/MP2/Kitchen

STEM Activities

Career Exploration

Snacks Provided

REGISTER NOW

Rec Centre Day Pass

Questions: [stemcel@skillcity.ca](mailto:stemcel@skillcity.ca)

## JUNE 2026

M	T	W	T	F
1	2	3 STEMCEL Lab STEM Heroes+	4	5 PRIDE
8	9	10 KITCHEN (Near the Booster Juice) STEM Heroes+	11	12
15	16	17 Multi-Purpose Room 2 STEM Heroes+	18	19
22	23	24	25	26
29	30			

**NOTES**

**STEMCEL Lab**

- The focus will be on Technology and Math skills
- Time: 3:30 to 5:30 pm

**STEMCEL Lab and the Kitchen**

- The focus will be on Science and Math skills
- Time: 3:30 to 5:30 pm

**Multi-Purpose Room 2**

- The focus will be on Science and Engineering
- Time: 3:30 to 5:30 pm

**EVENTS**

- Father Figure Appreciation Craft Day + End of School Celebration ~ June 17, 2026
  - Location: Multi-Purpose Room 2
  - 3:30 to 5:30 pm
  - Create a gift for a loved one!
  - Pizza, snacks and refreshments included

Register Now



Visit our Website for more Information  
[www.skillcity.ca](http://www.skillcity.ca)



Edmonton



Close- May 24<sup>th</sup> - Cultural Camp

# Senior Program



Drop-in Coffee and Conversation for Seniors and Older Adults

What would you like to do?

C5 Hub and Sage Seniors Association invite you to drop-in for coffee with a Community Animator, to let us know what kinds of activities and events you might like to participate in.

Every Wednesday  
10:30am-12:30 pm

C5 FRN SPace  
3804-139 ave



For more information contact C5 at 780.456.1481 or a Sage Community Animator at 780.701.9010

sage  
Sage Seniors Association



## Important Dates

June 3<sup>rd</sup> - Seniors Conversation- Feild Trip ( Royal Alberta Mueseum )  
10:30 pm- 3:00 pm

June 17<sup>th</sup> - Senior Conversation -  
BBQ In The Park  
11:00- 4:00 pm

# MENTAL HEALTH RESOURCE



**Mental Health Counselling**

Wednesdays: Drop-in  
Location: 13530 97 st  
9:00 AM- 4:00 Pm

**IT'S OKAY**  
TO ASK FOR HELP

You don't have to fight your battle alone. Talk to us.

For more information and to register contact: [majawuich@c5edmonton.ca](mailto:majawuich@c5edmonton.ca)  
780-456-1484

BOYLEstreet COMMUNITY SERVICES | NEWCOMER CENTRE Thrive Here | Norwood Child and Family Resource Centre | terra centre

Wednesday Drop In  
9:00 am- 4:00 pm  
13530 97 st



**FREE COUNSELLING SESSIONS**

TAKE THE FIRST STEP TOWARDS HEALING

- ✓ One-on-One Therapy
- ✓ Drop-In and Appointment-Based Options
- ✓ Up to 8 Free Sessions

Wednesday Drop-In 9:00 am- 4:30 pm  
Thursday By Appointment ONLY

Contact Us for more Info or to book an Appointment  
587-336-1726  
[jasmine.blake-hayes@c5edmonton.ca](mailto:jasmine.blake-hayes@c5edmonton.ca)

Our Location  
Clareview Recreation Center-3804-139 Ave  
C5 FRN Space by Entrance 3


Wednesday Drop In  
9:00 am- 4:00 pm  
Thursday by Appointment  
Clareview Rec Center  
3804-139 ave

24/7-365 Day

Thoughts of suicide

- Mental health crisis
- Substance abuse crisis
- Emotional distress

Dial 988





# ECD Programs: Ages 0-5



## Jumping Gym Time

**Where:** Clareview Recreation Centre- Indoor Playground  
**When:** Every Wednesday -9:30am- 12:30pm  
**Who:** Parents with children Ages 0-5

## Parent & Tot Swim PROGRAM

**We Offer**

- ✓ Free Pool Access
- ✓ Quieter Environment
- ✓ 3 Days a Week
- ✓ Drop In

For more information:  
 Check in at our C5 Family Resource Network Office

**Mondays, Wednesday, Fridays**  
 10:00 am-2:00 pm

**FREE**

3804 139 Ave Entrance 3 C5FRN Space [www.c5yeg.ca](http://www.c5yeg.ca)

Join us for our Early Child Development Programs and Parent Education Programs, tailored for families with children between the ages of 0-6.

PLEASE BE AWARE THAT ALL PROGRAMS AND EVENTS ARE SUBJECT TO

# June 2026- C5 Hub Services

13530 97 street 9:00 AM- 4:00 PM



Visit our Website  
WWW.C5YEG.CA

## MONDAY

Employment Services  
9:00 AM-4:00 PM

Drop In Resources and  
Supports- C5 Hub

C5 Donation Center  
Referral Only  
9:00 AM-4:00 PM

## TUESDAY

Employment Services  
9:00 AM-4:00 PM

Drop In Resources and  
Supports - C5 Hub

## WEDNESDAY

Employment Services  
9:00 AM-4:00 PM

Drop In Resources and Supports-  
C5 Hub

Family Center Drop In Mental  
Health Conselling -  
9:00 AM-4:00 PM

Norwood Tax Clinic  
1:00 AM- 4:00 PM

## THURSDAY

Employment Services  
9:00 AM-4:00 PM

Drop In Resources and  
Supports- C5 Hub

## FRIDAY

Drop In Resources and  
Supports-C5 Hub

Norwood Stay and Play  
ECD Space  
10:00 AM-12:00 PM

C5 Donation Center  
Referral Only  
9:00 AM-4:00 PM

## Ongoing & New Program

### Civida Housing Support Dates

Civida Housing will be  
available on the following  
Mondays:  
June 15<sup>th</sup>

If you are looking for housing  
support or have questions  
about your application, this is a  
great opportunity to connect.

### Norwood Presents

1:1 Financial  
Coaching and  
Counselling &  
access to benefits  
Every 2nd  
Wednesday  
June 3<sup>rd</sup>, 17<sup>th</sup>  
9:00am- 12:00 pm

### ELCL- Legal System Navigation

Drop In Welcome  
June 8<sup>th</sup>, 22<sup>nd</sup>  
9:00 AM-12:00 PM

Norwood Presents  
Changes to Aish-  
Understanding ADAP  
Workshop June 10<sup>th</sup>  
10:00 am- 12: 00 pm

## TALK TO US

Monday- Friday  
9:00am-4:00pm

**LOCATION-13530 97 street**

**780-456-1484**

For Questions please Email:  
mai.jawuich@c5edmonton.ca

**Closed June 24<sup>th</sup> for Cultural Camp**



# 2026 Job Ready Online Workshops

## 13530-97 street Community Hub and Market

### MONDAY

Program Guidelines and  
Orientation to Job  
Search

10:00 am- 12:00 pm

Work Place Language  
and Networking  
1:00 pm-3:00 pm

### Tuesday

Work Place Culture, and  
Safety Culture

10:00 am-12:00 pm

Time Management and  
Conflict Management

1:00 pm- 3:00 pm

### Wednesday

The Job Market and Job  
search strategies

10:00 am-12:00 pm

Resume and Cover letter  
writing

1:00 pm-3:00 pm

### Thursday

Job Interview Strategies-  
Q &A

1:00 pm-3:00 pm

Frequent Questions and  
Discussions-  
( Confusions, misalignments  
or Deviations- Risk of  
detachment or estranged in  
Job search) 1:00 pm- 3:00 pm

Register at  
Northgate & Community Hub

13530 - 97 st

9:00-4:00pm



Scan me

Visit our Website  
[WWW.C5YEG.CA](http://WWW.C5YEG.CA)

### TALK TO US

Monday- Thursday  
9:00am-4:00pm

**LOCATION-13530 97 street**

**780-456-1484**

For Questions please

Email:[abekono@newcomercentre.com](mailto:abekono@newcomercentre.com)



13530 97 ST Edmonton Alberta 9:00am-4:00pm