

November Family Resource Network

Clareview Recreation Centre (3804 139 Ave)

MONDAY

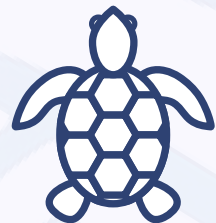
Family Time Drop-In
C5 ECD Space
9:00 am-12:00 pm
Ages 0-5
Not Facilitated

Parent and Tot Swim
10:00 am-2:00 pm
Children ages 0-6
Must attend with 18+

YASP iRockSTEM
MP2
3:30 pm- 5:30 pm

YASP Brave Space
C5 Youth Room
3:30 pm-5:30 pm

Youth Employment
3:30pm-5:00pm
Gunda Murray



For More Information about
Resources and Supports visit
www.c5yeg.ca

TUESDAY

Family Time Drop-In
C5 ECD Space
9:00 am-3:30 pm
Ages 0-5
Not Facilitated

YASP Tutoring
C5 Meeting Rm B
4:00 pm-5:45 pm

C5/Men's Shed
10:00 am -1:00 pm
Meeting Rm B

YASP Get Coached
MP2
4:00 pm-6:30 pm

YASP Sports Explorer
Gym 2A
3:00 pm-6:00 pm

YASP Jr Chefs-
Registered-Kitchen
4:00 pm- 6:00 pm

WEDNESDAY

C5 Jumping Gym
Indoor Playground
9:30 am-12:30 am
Ages 0-6

Free Mental Health
Counselling
Wednesday Drop In
9:00 am-4:00 pm

Senior Coffee
Meeting Room B
10:00am-12:30pm

Parent and Tot Swim
10:00 am-2:00 pm
Children ages 0-6
Must attend with 18+

Parents R Us / Little
Learners w/ Mrs Jasmine
2:00 pm- 3:00 Pm
C5 FRN Space

YASP iRockSTEM
MP2
3:30 pm- 5:30 pm

YASP Sports Explorer
Gym 2A
3:00 pm-6:00 pm

YASP Chess 101
C5 Meeting Rm B
4:00 pm- 5:00 pm

THURSDAY

Family Time Drop-In
C5 ECD Space
9:00 am-12:00 pm
Ages 0-5
Not Facilitated

Free Mental Health
Counselling
Appointment ONLY
9:00 am-4:00 pm

Youth Zone
Drop In
12:30PM-4:00PM
MP4 space

YASP STEM HEROES+
MP2
3:30 PM-5:30 PM

Indigenous
Creative Corner
Meeting Room B
4:00 pm-5:00 pm

Clareview Youth Pod Cast
Registered
4:00 pm- 6:00 pm
Ages 14+

FRIDAY

Family Time Drop-In
C5 ECD Space
9:00 am-11:00 am
Ages 0-5
Not Facilitated

Parent and Tot Swim
10:00 am-2:00 pm
Children ages 0-6
Must attend with 18+

Sports Explorer
Gym 2A
3:30 pm-5:30 pm
Ages 8+

YASP Community
Connections
(Family Night)
MP2
4:00 PM-6:00 PM

Clareview Youth Pod Cast
Registered
4:00 pm- 6:00 pm
Ages 14+

Office Hours:
Mondays- Friday:
9:00 am-4:00 pm

Important Dates:

Santa's Anonymous/Christmas
Bureau Registration Starts
November 3rd

Closed

Remembrance Day November 11th

Youth Connect Ages 14-17
MP4
November 13th
1:00pm and 2:45pm



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November 2025-Programs and Services @ the C5 North East Community Hub

(14017 Victoria Trail NW, Edmonton, AB)

MONDAY

Employment Services
9AM-4PM

Drop In Resources and
Supports- C5 Hub

TUESDAY

Employment Services
9AM-4PM

Drop In Resources and
Supports- C5 Hub

Health for Two
ECD Space
1:30PM-3PM

Seniors Coffee
First Tuesday of every
month-

WEDNESDAY

Employment Services
9AM-4PM

Drop In Resources and
Supports- C5 Hub

Empower U- Norwood
April 10th- June 26th
2:00-4:00
Registered

THURSDAY

Employment Services
9AM-4PM

Drop In Resources and
Supports- C5 Hub

CIVIDA Housing
Every 2nd Thursday
9AM-4PM

FRIDAY

Employment Services
9AM-4PM

Drop In Resources and
Supports- C5 Hub

Norwood Stay and
Play
ECD Space
10AM-12PM

Soup & Bannock
11:30AM-1PM
Every second Friday

SAGE Amazing
Elders
1 pm- 3pm

TALK TO US

C5 Hub-14017 Victoria Trail
780-456-1484 ext. 2

email:
mai.jawuich@c5edmonton.ca

GO TO WWW.C5YEG.CA

Ongoing & New Program

Monday November 10th
Prevent Falls Work shop
11:00 am-1:00 pm
14017 Victoria Trail

Reminder

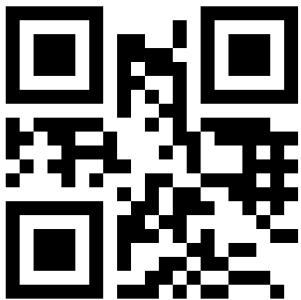
We are **CLOSED**
November 11th-
Remembrance Day

Civida Dates

November 13th
November 27th

Soup & Bannock Schedule

November 7th
November 21st



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November 2025 Programs and Services @ the C5 Employment Hub

(14017 Victoria Trail NW Edmonton, AB)

Monday

Foundations of Job
Search
10AM-12PM

Canadian Workplace
Culture and Inter-
Cultural Awareness
1PM-3PM

Tuesday

The Labour Market
and Networking
10AM-12PM

Practical Time
Management
1PM-2PM

Practical Time
Management
2PM-3PM

Wednesday

Effective Resume
Writing
10AM-12PM

Effective Cover
Letters and Emails
1PM-3PM

Thursday

Interview Strategies:
The Process
10AM-12PM

Interview Strategies:
Q&A
1PM-3PM

Friday

Practical Conflict
Management
1PM-2PM

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GO TO WWW.C5YEG.CA

ESSENTIAL WORKSHOPS (EMPLOYMENT SKILLS)

- Foundations of Job Search (2hrs.)
- The Labour Market and Networking (2hrs.)
- Effective Resume Writing (2hrs.)
- Effective Cover Letters and Emails (2hrs.)
- Interview Strategies: The Process (2hrs.)
- Interview Strategies: Questions and Answers (2hrs.)

ELECTIVE WORKSHOPS (LIFE SKILLS)

- Canadian Workplace Culture (1hr.) and Inter-Cultural Awareness (1hr.)
- Practical Personal Safety (1hr.)
- Practical Time Management (1hr.)
- Practical Conflict Management (1hr.)
- What to do now? After COVID-19? (Management of Change) (1hr.)

Please Note all Trainings are completed on site- Online