



October Youth & Family Program

Family Resource Network Programs at Clareview Recreation Centre (3804 139 Ave)



MONDAY

Family Time Drop-In

C5 ECD Space
1:30 pm-5:00 pm
Ages 0-5
Not Facilitated

Brave Space
C5 Youth space
3:30 pm-5:00 pm

Tutoring Program
Meeting Room B
4:00 pm-5:45 pm

Sports Explore
Gym 2B
3:00 pm-5:45 pm

I Rock STEM
SkillCity
MP2
3:30 pm-5:30 pm

TUESDAY

Family Time Drop-In

C5 ECD Space
1:00 pm-4:45 pm
Ages 0-5
Not Facilitated

Chess 101
MP1
3:00 pm-5:00 pm

Get Coached
MP2
4:00 pm-6:00 pm
Ages 12- 24

Sports Explore
Open Sports
Gym 2A
3:30 pm-5:30 pm

Jr Chef
Rec Kitchen
4:00 pm-6:00 pm
Ages 8-16

WEDNESDAY

C5 Jumping Gym
Indoor Playground
9:30 am-12:30 pm
Ages 0-5

MOMS R US
C5 Meeting Room
1:00 pm-2:00 pm

Sports Explore
Open Sports
Gym 2
3:30 pm-5:30 pm

I Rock STEM
SkillCity
MP2
3:30 pm-5:30 pm

THURSDAY

Family Time Drop-In

C5 ECD Space
1:00 pm-4:45 pm
Ages 0-5
Not Facilitated

Youth Zone
MP4
12:30-5:30 pm

Family Night
MP1
4:00 pm-5:45 pm
ONLY October 11th(Thanksgiving
Celebration)
*Registered event

STEM Hero's
SkillCity
MP2
3:30 pm-5:30 pm

FRIDAY

Family Time Drop-In

C5 ECD Space
1:30pm-5:00pm
Ages 0-5
Not Facilitated

Indigenous Creative Corner
MP1
3:30-4:45pm

Staying Home Alone
Education Program
MP3
Date TBD

Sports Explorer
Open Sports
Gym 2A
3:00 pm-5:45 pm

Let's Get Physical
Youth Fitness Program
MP2
3:45pm-5:45 pm

Office Hours:
Monday- Friday:
9:00 am- 5:00 pm

Office Closed;
October 14th- Thanksgiving

Important Dates:

October 16th- Bye Bye Diapers:
1:30-3:30pm
October 19th- Pop Up Event:
9:00-4:00pm
October 27th- Pop Up Event
9:00am-4:00pm

NOTE: Youth must participate in
the Youth After School Program to
receive a wristband.

**Aquatic Centre shutdown from
Sept 3-Oct 25.**

Scan me



For more information and to register for all programs

Visit: www.c5yeg.ca

PLEASE BE AWARE THAT ALL PROGRAMS AND EVENTS ARE SUBJECT TO CHANGE