

January 2026 Programs and Services @ the C5 Employment Hub

(14017 Victoria Trail NW Edmonton, AB)

Monday

Foundations of Job Search
10AM-12PM

Canadian Workplace Culture and Inter-Cultural Awareness
1PM-3PM

Tuesday

The Labour Market and Networking
10AM-12PM

Practical Time Management
1PM-2PM

Practical Time Management
2PM-3PM

Wednesday

Effective Resume Writing
10AM-12PM

Effective Cover Letters and Emails
1PM-3PM

Thursday

Interview Strategies: The Process
10AM-12PM

Interview Strategies: Q&A
1PM-3PM

Friday

Practical Conflict Management
1PM-2PM

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ESSENTIAL WORKSHOPS (EMPLOYMENT SKILLS)

- Foundations of Job Search (2hrs.)
- The Labour Market and Networking (2hrs.)
- Effective Resume Writing (2hrs.)
- Effective Cover Letters and Emails (2hrs.)
- Interview Strategies: The Process (2hrs.)
- Interview Strategies: Questions and Answers (2hrs.)

ELECTIVE WORKSHOPS (LIFE SKILLS)

- Canadian Workplace Culture (1hr.) and Inter-Cultural Awareness (1hr.)
- Practical Personal Safety (1hr.)
- Practical Time Management (1hr.)
- Practical Conflict Management (1hr.)
- What to do now? After COVID-19? (Management of Change) (1hr.)

GO TO WWW.C5YEG.CA

Please Note all Trainings are completed on site- Online