AugustYouth & Family Summer Program

Family Resource Network Programs at Clareview Recreation Centre (3804 139 Ave)

MONDAY

Family Time Drop-In C₅ ECD Space 9:00 am-12:00 pm Ages o-5 *Not Facilitated*

Brave Space 10:00 am-5:30 pm Mixed Activities Drop In Ages 8+

Parent and Tot Swim 10:00 am-1:00 pm Children ages o-6 Must attend with 18+

Chess 101 Registered Program 12:00-3:00 8+ Yrs

TUESDAY

Family Time Drop-In C₅ ECD Space 1:30 pm-4:00 pm Ages o-5 *Not Facilitated*

Tutoring -Registered Tuesday 2:00pm-4:00pm

Youth Swim Drop-In Ages 8+ 3:00 pm-5:00 pm w/C5 Staff

C5/Men's Shed 10:00 am -1:00 pm Meeting Rm B

Power In You Registered Program **GIRLS ONLY** 6:15pm-7:45pm MP₁ End Date Aug 26th

WEDNESDAY

C₅ Jumping Gym **Indoor Playground** 9:30 am-12:30 am Ages o-6

Senior Coffee Meeting Room B 10:00am-12:30pm

Parent and Tot Swim 10:00 am-1:00 pm Children ages o-6 Must attend with 18+

Parents R Us 1:00 pm-2:30 pm C₅ Meeting Room B



THURSDAY

Youth Zone Drop In 12:30PM-4:00PM MP₄ space

Youth Swim Drop-In Ages 8+ 3:00 pm-5:00 pm w/C5 Staff

Brain Builders- Norwood **Registration Only** 2:00pm-4:00pm Meeting Rm B July10th-August 28th

Clareview Youth Pod Cast Registered 2:00pm-5:00pm

FRIDAY

Family Time Drop-In C₅ ECD Space 9:00 am-12:00 pm Ages o-5 *Not Facilitated*

Parent and Tot Swim 10:00 am-1:00 pm Children ages o-6 Must attend with 18+

> **Sports Explorer** Gym 2 3:30 pm-5:30 pm Ages 8+

Clareview Youth Pod Cast Registered 2:00pm-5:00pm















Office Hours:

Mondays-Friday: 9am-6:30pm AHC-LINC CAMPMP5-Rgistered ONLY

<u>Important Dates:</u>

Youth Soccer Camp July 9th- August 14th **Registration ONLY** Ages 12-18 10:00 am-2:30 pm

Rock the Art Pop Up Event August 1st Ages 5-19 years old Drop In Event August 1st C₅ FRN Meeting Room B

All C5 Locations are Closed for Heritage Day Civic Holiday- August 4th

Ribbon Skirt Making Workshop 2 Day workshop Registration ONLY-August 11th and 12th

Indigenous Rattle Making Workshop 2 day workshop Registration ONLY August 14th and 15th

> August 22nd-C5 HUB BBQ @ Clareview 1:00 pm- 4:00pm

C5 FRN Back to School Event **REGISTRATION ONLY**

3vs3 Basket Ball Tournament 1:00pm -3:00pm



August 2025-Programs and Services @ the C5 North East Community Hub

(14017 Victoria Trail NW, Edmonton, AB)

MONDAY

Employment Services 9AM-4PM

Drop In Resources and Supports-C5 Hub

Ongoing & New **Program**

Seniors Drop In August 5th

August 22nd-C5 HUB BBQ @ Clareview 1:00 pm- 4:00pm 3804 139 ave Patio Space

C₅ FRN Back to School Event REGISTRATION ONLY

3vs3 Basket Ball Tournament 1:00pm -3:00pm

TUESDAY

Employment Services 9AM-4PM

Drop In Resources and Supports-C5 Hub

> Health for Two **ECD Space** 1:30PM-3PM

Seniors Coffee First Tuesday of every month-

Civida Dates

August 7th August 21st

Employment Services 9AM-4PM

WEDNESDAY

Drop In Resources and Supports-C5 Hub

Empower U- Norwood April 10th-June 26th 2:00-4:00 Registered

Soup & Bannock

Schedule

August 8th

August 22nd

THURSDAY

Employment Services 9AM-4PM

Drop In Resources and Supports-C5 Hub

CIVIDA Housing Every 2nd Thursday 9AM-4PM

FRIDAY

Employment Services 9AM-4PM

Drop In Resources and Supports-C5 Hub

Norwood Stay and Play **ECD Space** 10AM-12PM

Soup & Bannock 11:30AM-1PM **Every second Friday**

> Elders 1 pm-3pm

SAGE Amazing

Scan me



TALK TO US

C5 Hub-14017 Victoria Trail 780-456-1484 ext. 2 email: mai.jawuich@c5edmonton.ca

GO TO WWW.C5YEG.CA

August 2025Programs and Services @ the C5 Employment Hub

(14017 Victoria Trail NW Edmonton, AB)

Monday

Foundations of Job Search 10AM-12PM

Canadian Workplace Culture and Inter-Cultural Awareness 1PM-3PM

Tuesday

The Labour Market and Networking 10AM-12PM

> Practical Time Management 1PM-2PM

> Practical Time Management 2PM-3PM

Wednesday

Effective Resume
Writing
10AM-12PM

Effective Cover Letters and Emails 1PM-3PM

Thursday

Interview Strategies: The Process 10AM-12PM

Interview Strategies: Q&A 1PM-3PM

Friday

Practical Conflict
Management

1PM-2PM

Scan me



GO TO WWW.C5YEG.CA

- Foundations of Job Search (2hrs.)
- The Labour Market and Networking (2hrs.)
- Effective Resume Writing (2hrs.)
- Effective Cover Letters and Emails (2hrs.)
- Interview Strategies: The Process (2hrs.)
- Interview Strategies: Questions and Answers (2hrs.)

- Canadian Workplace Culture (1hr.) and Inter-Cultural Awareness (1hr.)
- Practical Personal Safety (1hr.)
- Practical Time Management (1hr.)
- Practical Conflict Management (1hr.)
- What to do now? After COVID-19? (Management of Change) (1hr.)